

Find out about the support we can offer you and your family.

Finding a job

Routine in the home

Struggling with getting your child to school on time

Feeling overwhelmed or stressed

The Steps of Early Help

1

Getting help

Have a conversation with a professional who knows your family, such as a teacher or Health Visitor; or contact Early Help yourself.

2

Listening to you

A professional will meet with you to listen to your concerns. We will consider how best to support you, or signpost you in the right direction. An Early Help Assessment may be recommended.

3

Your Plan

You will be invited to a meeting with the relevant professionals. Everyone involved in the plan will help to decide on the goals and actions needed. A lead professional will be identified.

4

Review

Everyone involved in the plan will take part in a review meeting to see how well the plan is working and to consider if any changes are required. Support will continue as long as you feel it is needed.



Our Commitment to you and your family

- ⇒ We will listen to you without judgement
- ⇒ You and your family will be involved in drawing up a plan of Support
- ⇒ We will ensure you have a main point of contact and you won't have to repeat your story
- ⇒ We will offer support to all members of your family
- ⇒ You will be actively involved in all the decision making
- ⇒ We will help you to find your own solutions and to be confident in your own abilities

Q

Will Social Services be involved?

A

No not at this stage. Early Help is available to families when they need it. If your circumstances change in the future, we may need to refer in to Social Services to find more specialist interventions to help you. We will keep you fully informed of what is happening and the reasons why.

For more information contact Sarah Dalton at EarlyHelp@kemh.gov.fk or call 52281.

Early Help is a voluntary service. Talk to a professional in our community. This could be a teacher, a GP, a nurse, the School Nurse, the Health Visitor or a Police Officer.