

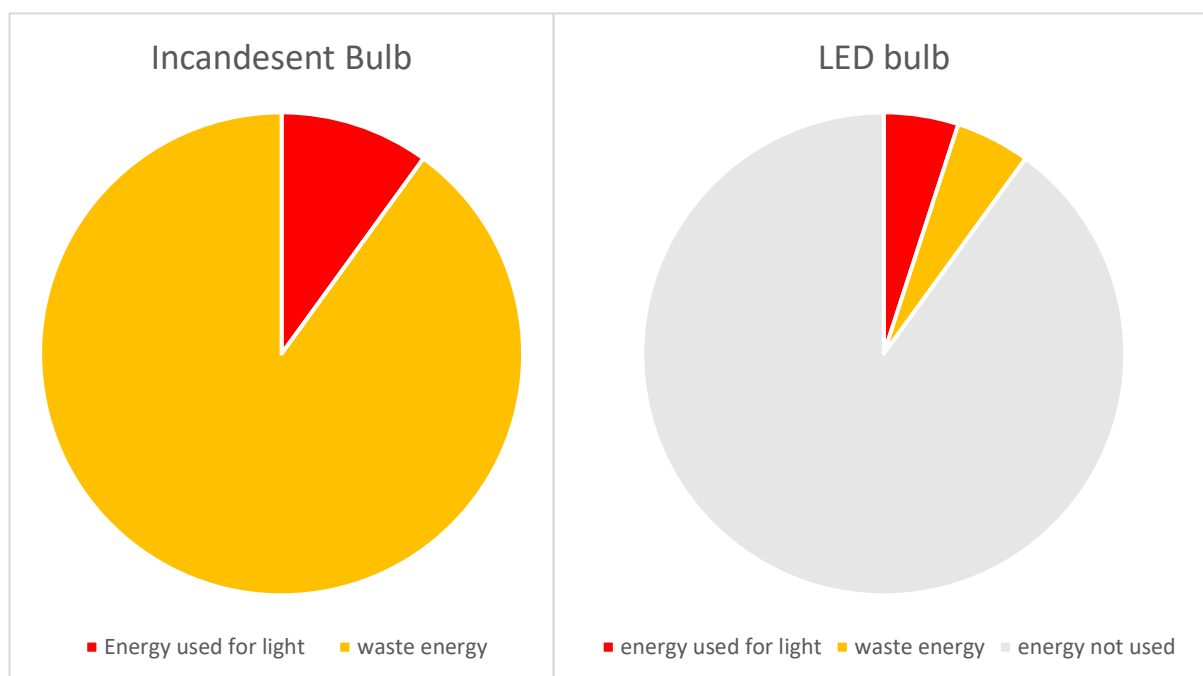
Switch to Saving

Switch ✂ off lights when you leave a room.

- ✂ Leaving one 60W light bulb on uses (0.06kWh) £0.017 per bulb per hour, forgetting to turn one light off at night could cost you £49.64 every year or 73kg of CO₂ the same as driving your car 182.5 miles, or the same energy as cooking 42 roast dinners.

Switch ✂ to LED light bulbs.

- ✂ Only 10% of the energy used by an incandescent light bulb is used to generate light, the rest produces heat. LED's use up to 90% less energy than an incandescent bulb and use up to 50% of the energy to produce light. (LED's use (0.006kWh) £0.0017 per hour) if you switch to LED's and leave 5 lights on for 5 hours a day all year this could save £139.61 or 207kg of CO₂ the same as driving your car 517.5 miles, or the same energy as cooking 119 roast dinners.



Switch ✂ from a bath to a shower.

- ✂ 265ltr for a bath, 66ltr for a (5minutes) shower you need to shower for 20 minutes to use more water than a bath for a bath it takes 59000 kW a shower uses 15000 kW switching to a shower has the potential to save you £0.59 a day or £217.78 every year or 323.8kg of CO₂ the same as driving your car 809 miles (based on one person switching from a bath to a shower every day over 1 year). This is the same energy used as cooking 182 roast dinners.

Switch ✂ off devices at the wall.

- ✂ Turning only your microwave off at the wall may **save £10.16 over the year** or 15kg of CO₂ this is equivalent to driving your car 37.5 miles (based on a microwave using 0.004kWh). The same energy consumption as cooking 8 roast dinners.

Switch ✂ from a hot clothes wash to a **cold clothes wash**.

- ✂ A hot wash can use (3.5kWh) or £1.01. A cold wash uses just (0.3kWh) £0.09, Switching to a cold wash may give a **saving of over £96.20 over the year** or 143kg of CO₂ the same as driving your car 357.5 miles (based on 2 1hour wash cycle every week), or the same energy as cooking 81 roast dinners.

Switch ✂ from tumble drying to **line drying**.

- ✂ A tumble dryer uses (4.5kWh) £1.31. Line drying clothes is energy free and would have the potential to **save you over £204.13** every year or 201kg of CO₂ released, the same as driving your car 502.5 miles (based on 2x90minute drying cycle every week). This is the same energy use as cooking 171 roast dinners.

If you **Switch to Save** you have the potential to save over of £700.00, it would also save about 1 tonne of CO₂ from being released, the same as driving your car 2500 miles (this is like driving in a straight line from Stanley to Montevideo and back again).

Switch to save the Environment

Switch to save Energy

Switch to save Money

(all monetary amounts were calculated using 29p pre unit that was correct as of 18/08/22)